



June 22-26, 2018

Bridgewater, NH



**Ladd Farm
1201 John Smith Hill Road
Bridgewater NH 03222**

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Lauren Barwick’s **Bridging the Gap™ Horsemanship** reflects who she is: Parelli 4 Star Senior Instructor; Reining Champion; Gold and Silver medalist in Paralympics in Dressage. While there may be a difference between English and Western—they use similar principles. Lauren’s Bridging the Gap finds the best ways to help you and your horse achieve excellence in whatever your discipline or interest is.

Bridging the Gap Horsemanship

Do you want to improve the level of communication, fluidity, balance, biomechanics, and understanding of the aids between you and your horse?

The Bridging the Gap Horsemanship Clinic begins each day with a theory lecture, followed by a group online/mounted sessions which explores the concepts presented. Afternoon instruction is by individual private/semi-private lessons. Lauren ensures that you understand what each refinement feels like. You will go home with a deeper understanding of the potential for what you and your horse are capable.

Lauren likens her Bridging the Gap clinics to “*Speed Dating. The idea is that I want you to leave with lots of concepts. I want you to get a feeling for these concepts so you can go home and play with them and master them.*”

Lauren introduces freely forward, transitions without reins, soft feel/soft touch, rhythm and relaxation, stretching, and biomechanics of horse and rider—as well as building confidence in horse and rider. Both the pleasure rider who wants to help their horse use themselves better, and the more advanced rider who wants to enhance their foundation in refinement, finesse and Dressage, English or Western, will greatly benefit. Learn elements to help you create a biomechanically correct horse for 10, 20 or 30 years!

Bridging the Gap: June 22-24 (2-1/2 days): Refining online skills and communication. As well as mounted work of freely forward, transitions without reins, soft feel/soft touch, rhythm and relaxation.

Advancing Bridging the Gap: June 24-26 (2-1/2 days): For horses and riders who are ready for more advanced work in both trot and canter. Continues refinement of concepts from Days 1-2, and introduces lateral work—focusing on using the lateral sequence ladder: renvers, haunches in, shoulders in, half pass, leg yields.



Each Clinic Cost: \$650
all inclusive clinician, arena, stall
Each Camp Package: \$800
includes lodging and meals

Both Clinics Cost: \$1,100
all inclusive clinician, arena, stall
Both Camp Package: \$1,400
includes lodging and meals

Auditors: \$40/day
\$200 Non-Refundable Deposit



Students of all levels, all disciplines, and whether new to refinement or dedicated dressage riders will find Lauren inspiring, encouraging, and incredibly approachable. Don’t feel intimidated by her accomplishments. She has an incredible eye and an articulate way of helping you understand all the intricacies of contact and finesse. Come ride with Lauren—your horse will thank you!



Lauren Barwick
4-Star Senior Instructor



LaurenBarwick.com